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MEMORANDUM

To: Executive Director / LHSCA / Eric Held
President / LFBCA / Dwain Jenkins

Subject: Football / 7 on 7 *not* 11 on 11

From: Executive Director / LHSAA / Eddie Bonine

Date: May 24, 2019

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Please accept this communication as one of clarification and notification. I ask you please disseminate to those individuals in which you deem necessary. As you are aware we are nearing the permissive out of season football timelines. It has been brought to my attention this office should generate an informational message to LHSAA member schools who may be thinking about participating in these summer football workouts.

Clarification:

4.4 SUMMER ACTIVITIES:

4.4.1 Summer activities shall extend from the 47th through the 5th week of the NFHS calendar year regardless of whether school is in session or not. Other than **restrictions prohibiting football players from working out in pads** during the defined summer time span there are no restrictions on workouts in LHSAA sports during the summer months. Summer activities in all LHSAA sports at the school's facilities, **use of school equipment and sport specific apparatus** are subject to the approval of the school principal.

LHSAA... Beyond the Game

EXCEPTION: Baseball and softball coaches, faculty and non-faculty, may coach an independent team beginning with the 46th week of the NFHS calendar provided the independent team is in a summer league.

4.4.3 LHSAA players participating in passing leagues during the summer months when school is not in session in the sport of football:

1. May be coached by their high school coach or coaches.
2. May wear helmets.
3. Shall not wear shoulder pads, hip pads and/or thigh pads.
4. May play under the sponsorship of a non-LHSAA organization.
5. May play on the high school grounds with the written permission of their principal.

Although “passing league” is not defined within the LHSAA Bylaws, and until an established approved clear definition, the following definition will be followed: a group of schools that will play each other over a period of time with the written approval of their Principal and/or Head of School shall be allowed to participate. The competitors will be limited to; quarterbacks, running backs, receivers, and any/all pass defensive personnel. Lineman are not permitted. This is a 7 on 7 competition is not an 11 on 11 competition. Please know many of our membership participate in college and university camps in and out of our state, and LHSAA rules apply at all times. If you choose to take your lineman to these camps, they can compete and gain instruction, however, no other pads than prescribed in the LHSAA Bylaws.

Notification:

Failure to comply with the aforementioned guidelines will result in administering the applicable sanctioning defined in Section 5 “Penalty Code” of the LHSAA Constitution and Bylaws.